





ArizonaAbility

Empowering Abilities, Enriching Lives

Monday	Tuesday	Wednesday	Thursday	Friday
2 National Pie Day Stretch & Move Volunteer @ the Food Shelf	3 National Giving Day Stretch & Move Grocery Shop Treasure Hunt Activity	4 Santa's List Day (We are making our lists & checking them twice) Stretch & Move Shopping @ Michael's \$ Optional Christmas Craft	5 Stretch & Move Lunch Out @ Chompies (\$20) Health w/Parker	6 Mitten Tree Day Stretch & Move Culinary/Lunch Onsite Movie
9 Christmas Card Day (Craft) Stretch & Move Mini Golf (\$20)	10 National Decimal Day Stretch & Move Grocery Shop Holiday Bingo	11 National Stretching Day Stretch & Move Volunteer Food Shelf Make Christmas Cookies	12 National Ding a Ling Day Walk @ Mall/Visit Santa Stretch & Move Health w/Parker	13 National Violin Day Stretch & Move Culinary/Lunch On-site Movie
16 Chocolate Covered Anything Day Stretch & Move Coffee & Donut \$12 Self-Advocacy Bingo	17 National Say It Now Day Stretch & Move Grocery Shop Storytime (The Night Before Christmas) Art project	18 National Answer the Phone like Buddy the Elf Day Stretch & Move Bookman's (\$ Optional)	19 National Regifting Day Stretch & Move Christmas Craft Music w/ Carl Bass Pro Shop	20 Go Caroling Day (Sing Christmas Carols) Stretch & Move Culinary/Lunch On-site Movie Health w/Parker
23 	24 	25 	26 	27 
30 National Bacon Day (History) Stretch & Move Dollar Tree (\$ Optional) Art Project	31 National No Interruption Day Stretch & Move Grocery Shop New Year's Resolution Activity	1  WE ARE OPEN		

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